

CAITLYN CLENDENNING (ONTARIO), 2018-2019 LABO INTERN



Hello! My name is Caitlyn and I was a Canadian intern at LABO from 2018-2019. This internship was my second time in Japan—my first being the 2-month Homestay Program in 2015. My experience with this exchange program has changed my life for the better—becoming an intern was like a dream come true for me. There were many reasons why I wanted to intern when I applied, but actually becoming one turned out to be way better than I could have ever anticipated—every day felt like a dream!

LABO interns get to experience so many rare opportunities in Japan that aren't necessarily available any other way. For example, I got to travel around Japan, for LABO, and meet so many wonderful people that I couldn't have met otherwise! The people were a big part of what made my time in Japan so incredible. Between host families, LABO staff, the children and the tutors I worked with through the year, I was able to form real, lasting relationships that I will cherish for the rest of my life!

Some of my fondest memories I have of my time in Japan are all thanks to the people I met through LABO! Some examples include: going to Tokyo Disney and USJ with the other interns on our off-time, goofing around with my coworkers at the office, and all of the other wonderful adventures that I had with my host families—even hanging out with the camp leaders at the LABO Camp was incredible! On one occasion, one of my host families even took me to an amusement park called Huis Ten Bosch, where we saw Christmas lights and fireworks that were timed to popular English Christmas songs!

There are so many more reasons to apply for this internship, but I'm afraid the list is far too long to fit on this page! I will never be able to express how grateful I am for LABO, and everyone else who afforded me with this life-changing opportunity.



If you're someone who loves trying new things, meeting new people and teaching children about your home, the LABO internship is definitely for you! I guarantee that it will be a once-in-a-lifetime opportunity that you'll be happy you took!